



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

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Anna Willauer

000: 1:14:04

00: 139

00: 25.50 km

Lorsch Triathlon

00000/000: 95 (of 354)

00000/0: 11 (of 100)

000000: 1:02:58

0000:

weibliche AK 2 (TW 25)

00000: 2(of 22)

0000000: 1:09:22

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.50	7:47	15:33	1	-	3	0:45	0.50	7:47	15:33	1	-	101	0:45
Wechsel S -> R	-	2:01	-	2	0:01	8	0:30	0.50	9:48	19:36	1	-	101	0:25
Schwimmen 000	0.50	9:48	19:36	1	-	101	0:25	0.50	9:48	19:36	1	-	101	0:25
Rad netto	20.00	37:14	1:51	3	1:46	11	34:25	20.50	47:02	2:17	23	1:09	101	32:29
Wechsel R -> L	-	1:39	-	20	0:58	84	1:05	20.50	48:41	2:22	23	2:00	101	4:26
Rad 000	20.00	38:53	1:56	3	2:37	14	4:01	20.50	48:41	2:22	23	2:00	101	4:26
Lauf Ziel	5.00	25:23	5:04	9	3:41	33	9:53	25.50	1:14:04	2:54	2	4:42	11	11:06