



19. Lorsch Triathlon

Lorsch / 18.08.2024

0000

Katharina Fasser

000: 1:20:55

00: 268

00: 25.50 km

Lorsch Triathlon

00000/000: 192 (of 354)

00000/0: 29 (of 100)

000000: 1:02:58

0000:

weibliche AK 2 (TW 25)

00000: 6(of 22)

0000000: 1:09:22

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Schwimmen nett	0.50	12:15	24:30	11	4:28	58	5:13	0.50	12:15	24:30	23	4:28	101	5:13
Wechsel S -> R	-	2:49	-	9	0:49	42	1:18	0.50	15:04	30:07	23	5:16	101	5:41
Schwimmen 000	0.50	15:04	30:07	23	5:16	101	5:41	0.50	15:04	30:07	23	5:16	101	5:41
Rad netto	20.00	39:44	1:59	7	4:16	32	36:55	20.50	54:48	2:40	23	8:55	101	40:15
Wechsel R -> L	-	1:58	-	22	1:17	94	1:24	20.50	56:46	2:46	23	10:05	101	12:31
Rad 000	20.00	41:42	2:05	10	5:26	40	6:50	20.50	56:46	2:46	23	10:05	101	12:31
Lauf Ziel	5.00	24:09	4:49	5	2:27	23	8:39	25.50	1:20:55	3:10	6	11:33	29	17:57