



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

0000

Tabea Horn

000: 1:39:01

00: 76

00: 25.50 km

Lorsch Triathlon

00000/000: 337 (of 354)

00000/0: 93 (of 100)

000000: 1:02:58

0000:

weibliche AK 2 (TW 25)

00000: 21(of 22)

0000000: 1:09:22

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.50	13:22	26:44	19	5:35	87	6:20	0.50	13:22	26:44	23	5:35	101	6:20
Wechsel S -> R	-	4:22	-	21	2:22	86	2:51	0.50	17:44	35:28	23	7:56	87	8:21
Schwimmen 000	0.50	17:44	35:28	23	7:56	87	8:21	0.50	17:44	35:28	23	7:56	87	8:21
Rad netto	20.00	48:30	2:25	21	13:02	91	45:41	20.50	1:06:14	3:13	23	20:21	93	51:41
Wechsel R -> L	-	0:41	-	1	-	3	0:07	20.50	1:06:55	3:15	23	20:14	89	22:40
Rad 000	20.00	49:11	2:27	21	12:55	90	14:19	20.50	1:06:55	3:15	23	20:14	89	22:40
Lauf Ziel	5.00	32:06	6:25	19	10:24	89	16:36	25.50	1:39:01	3:52	21	29:39	93	36:03