



19. Lorsch Triathlon

Lorsch / 18.08.2024

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Julia Becker

□□□: 1:21:12

□□: 99

□□: 25.50 km

Lorsch Triathlon

□□□□□/□□□: 196 (of 354)

□□□□□/□: 31 (of 100)

□□□□□□: 1:02:58

□□□□:

weibliche Junioren (TW18/19)

□□□□□: 1(of 2)

□□□□□□□: 1:21:12

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| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Schwimmen nett | 0.50 | 9:39 | 19:18 | 1 | - | 13 | 2:37 | 0.50 | 9:39 | 19:18 | 1 | - | 101 | 2:37 | |
| Wechsel S -> R | - | 3:13 | - | 2 | 0:42 | 62 | 1:42 | 0.50 | 12:52 | 25:44 | 3 | 0:26 | 20 | 3:29 | |
| Schwimmen □□□ | 0.50 | 12:52 | 25:44 | 3 | 0:26 | 20 | 3:29 | 0.50 | 12:52 | 25:44 | 3 | 0:26 | 20 | 3:29 | |
| Rad netto | 20.00 | 41:26 | 2:04 | 2 | 1:05 | 51 | 38:37 | 20.50 | 54:18 | 2:38 | 3 | 1:31 | 39 | 39:45 | |
| Wechsel R -> L | - | 1:17 | - | 1 | - | 57 | 0:43 | 20.50 | 55:35 | 2:42 | 3 | 1:03 | 35 | 11:20 | |
| Rad □□□ | 20.00 | 42:43 | 2:08 | 2 | 0:37 | 48 | 7:51 | 20.50 | 55:35 | 2:42 | 3 | 1:03 | 35 | 11:20 | |
| Lauf Ziel | 5.00 | 25:37 | 5:07 | 1 | - | 41 | 10:07 | 25.50 | 1:21:12 | 3:11 | 1 | - | 31 | 18:14 | |