



19. Lorsch Triathlon

Lorsch / 18.08.2024

0000

Cedric Daunke

000: 1:36:14

00: 344

00: 25.50 km

Lorsch Triathlon

00000/000: 327 (of 354)

00000/0: 239 (of 254)

000000: 58:26

0000:

männliche AK 2 (TM 25)

00000: 27(of 30)

0000000: 1:07:29

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000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Schwimmen nett	0.50	15:11	30:22	30	6:13	239	8:24	0.50	15:11	30:22	31	6:13	255	8:24
Wechsel S -> R	-	4:19	-	27	2:55	231	4:19	0.50	19:30	39:00	31	8:15	255	11:22
Schwimmen 000	0.50	19:30	39:00	31	8:15	255	11:22	0.50	19:30	39:00	31	8:15	255	11:22
Rad netto	20.00	46:10	2:18	29	20:25	240	20:25	20.50	1:05:40	3:12	31	22:39	255	26:43
Wechsel R -> L	-	2:12	-	30	1:40	243	1:40	20.50	1:07:52	3:18	31	23:53	255	28:03
Rad 000	20.00	48:22	2:25	29	21:39	240	21:39	20.50	1:07:52	3:18	31	23:53	255	28:03
Lauf Ziel	5.00	28:22	5:40	25	8:36	209	11:35	25.50	1:36:14	3:46	27	28:45	239	37:48