



19. Lorsch Triathlon

Lorsch / 18.08.2024

0000

Darko Zekanovic

000: 1:24:36

00: 424

00: 25.50 km

Lorsch Triathlon

00000/000: 240 (of 354)

00000/0: 190 (of 254)

000000: 58:26

0000:

männliche AK 4 (TM 35)

00000: 21(of 29)

0000000: 1:03:10

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|----------------|-------|-------|--------|----|------|-----|-------|-------|---------|--------|----|-------|-----|-------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| Schwimmen nett | 0.50 | 14:13 | 28:26 | 25 | 5:46 | 224 | 7:26 | 0.50 | 14:13 | 28:26 | 30 | 5:46 | 255 | 7:26 |
| Wechsel S -> R | - | 2:58 | - | 13 | 1:17 | 138 | 2:58 | 0.50 | 17:11 | 34:22 | 30 | 6:43 | 255 | 9:03 |
| Schwimmen 000 | 0.50 | 17:11 | 34:22 | 30 | 6:43 | 255 | 9:03 | 0.50 | 17:11 | 34:22 | 30 | 6:43 | 255 | 9:03 |
| Rad netto | 20.00 | 39:58 | 1:59 | 20 | 6:38 | 186 | 14:13 | 20.50 | 57:09 | 2:47 | 30 | 13:21 | 255 | 18:12 |
| Wechsel R -> L | - | 1:46 | - | 26 | 0:58 | 217 | 1:14 | 20.50 | 58:55 | 2:52 | 30 | 14:08 | 255 | 19:06 |
| Rad 000 | 20.00 | 41:44 | 2:05 | 19 | 7:25 | 187 | 15:01 | 20.50 | 58:55 | 2:52 | 30 | 14:08 | 255 | 19:06 |
| Lauf Ziel | 5.00 | 25:41 | 5:08 | 19 | 7:18 | 167 | 8:54 | 25.50 | 1:24:36 | 3:19 | 21 | 21:26 | 190 | 26:10 |