



# 24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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fat fighters

□□□: 15:39:59

□□: 186

□□: 10.79 km/h

□□□□: 5:33 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 104 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 77(of 117)

Männerstaffel

□□□□□□□: 10:44:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:13:54	5:16	44	19:12	52	19:12	14.00	1:13:54	5:16	44	19:12	52	19:12
Grenzwiese/Kleir	19.60	2:04:35	6:21	110	47:49	168	47:49	33.60	3:18:29	5:54	96	1:07:01	130	1:07:01
Neue Ausspanne	14.00	1:19:28	5:40	75	28:12	103	29:48	47.60	4:37:57	5:50	95	1:35:13	128	1:35:13
Grenzdler (Ober	13.60	1:06:57	4:55	22	17:15	27	17:15	61.20	5:44:54	5:38	72	1:48:37	90	1:48:37
Allzunah	20.00	1:55:27	5:46	97	43:22	153	43:29	81.20	7:40:21	5:40	86	2:28:51	115	2:28:51
Masserberg (Ren	17.80	1:46:04	5:57	86	35:55	128	35:55	99.00	9:26:25	5:43	90	3:04:46	122	3:04:46
Neuhaus (Rennst	20.10	1:43:24	5:08	61	28:32	84	28:32	119.10	11:09:49	5:37	84	3:33:18	113	3:33:18
Wanderhütte an	13.70	1:17:28	5:39	72	26:05	99	26:05	132.80	12:27:17	5:37	86	3:56:58	115	3:56:58
Brennersgrün	16.00	1:31:36	5:43	73	32:34	110	32:34	148.80	13:58:53	5:38	85	4:28:05	115	4:28:05
Blankenstein	20.30	1:41:06	4:58	45	27:05	68	49:50	169.10	15:39:59	5:33	77	4:55:10	104	4:55:10