



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Gü-We Läufer

□□□: 16:02:36

□□: 189

□□: 10.53 km/h

□□□□: 5:41 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 124 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 91(of 117)

Männerstaffel

□□□□□□□: 10:44:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:34:48	6:46	110	40:06	162	40:06	14.00	1:34:48	6:46	110	40:06	162	40:06
Grenzwiese/Kleir	19.60	1:42:55	5:15	61	26:09	85	26:09	33.60	3:17:43	5:53	94	1:06:15	127	1:06:15
Neue Ausspanne	14.00	1:20:20	5:44	80	29:04	111	30:40	47.60	4:38:03	5:50	96	1:35:19	129	1:35:19
Grenzdler (Ober	13.60	1:21:40	6:00	86	31:58	117	31:58	61.20	5:59:43	5:52	96	2:03:26	126	2:03:26
Allzunah	20.00	1:55:29	5:46	98	43:24	155	43:31	81.20	7:55:12	5:51	98	2:43:42	136	2:43:42
Masserberg (Ren	17.80	1:37:08	5:27	67	26:59	97	26:59	99.00	9:32:20	5:46	93	3:10:41	127	3:10:41
Neuhaus (Rennst	20.10	1:43:50	5:09	64	28:58	87	28:58	119.10	11:16:10	5:40	90	3:39:39	122	3:39:39
Wanderhütte an	13.70	1:16:09	5:33	68	24:46	93	24:46	132.80	12:32:19	5:39	87	4:02:00	116	4:02:00
Brennersgrün	16.00	1:39:29	6:13	98	40:27	147	40:27	148.80	14:11:48	5:43	93	4:41:00	128	4:41:00
Blankenstein	20.30	1:50:48	5:27	83	36:47	123	59:32	169.10	16:02:36	5:41	91	5:17:47	124	5:17:47