



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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SWV Goldlauter-Heidersbach I

□□□: 13:13:34

□□: SWV Goldlauter-Heidersbach e.V

□□: 12.78 km/h

□□: 191

□□□□: 4:41 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 19 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 14(of 117)

Männerstaffel

□□□□□□□: 10:44:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:05:42	4:41	14	11:00	21	11:00	14.00	1:05:42	4:41	14	11:00	21	11:00
Grenzwiese/Kleir	19.60	1:33:18	4:45	23	16:32	34	16:32	33.60	2:39:00	4:43	12	27:32	20	27:32
Neue Ausspanne	14.00	1:01:47	4:24	14	10:31	15	12:07	47.60	3:40:47	4:38	9	38:03	13	38:03
Grenzdler (Ober	13.60	59:13	4:21	8	9:31	9	9:31	61.20	4:40:00	4:34	9	43:43	12	43:43
Allzunah	20.00	1:30:18	4:30	27	18:13	35	18:20	81.20	6:10:18	4:33	10	58:48	14	58:48
Masserberg (Ren	17.80	1:32:59	5:13	50	22:50	70	22:50	99.00	7:43:17	4:40	13	1:21:38	17	1:21:38
Neuhaus (Rennst	20.10	1:35:15	4:44	34	20:23	49	20:23	119.10	9:18:32	4:41	16	1:42:01	20	1:42:01
Wanderhütte an	13.70	1:07:18	4:54	28	15:55	37	15:55	132.80	10:25:50	4:42	14	1:55:31	19	1:55:31
Brennersgrün	16.00	1:16:21	4:46	24	17:19	33	17:19	148.80	11:42:11	4:43	14	2:11:23	19	2:11:23
Blankenstein	20.30	1:31:23	4:30	22	17:22	36	40:07	169.10	13:13:34	4:41	14	2:28:45	19	2:28:45