



# 24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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DKB-Rennsteigexpress

□□□: 15:33:48

□□: 192

□□: 10.86 km/h

□□□□: 5:31 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 97 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 74(of 117)

Männerstaffel

□□□□□□□: 10:44:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:18:30	5:36	65	23:48	80	23:48	14.00	1:18:30	5:36	65	23:48	80	23:48
Grenzwiese/Kleir	19.60	1:55:24	5:53	101	38:38	147	38:38	33.60	3:13:54	5:46	84	1:02:26	111	1:02:26
Neue Ausspanne	14.00	1:06:00	4:42	22	14:44	27	16:20	47.60	4:19:54	5:27	55	1:17:10	70	1:17:10
Grenzdler (Ober	13.60	1:14:13	5:27	52	24:31	64	24:31	61.20	5:34:07	5:27	51	1:37:50	66	1:37:50
Allzunah	20.00	1:47:45	5:23	85	35:40	124	35:47	81.20	7:21:52	5:26	64	2:10:22	80	2:10:22
Masserberg (Ren	17.80	1:43:21	5:48	81	33:12	119	33:12	99.00	9:05:13	5:30	66	2:43:34	85	2:43:34
Neuhaus (Rennst	20.10	1:52:05	5:34	91	37:13	128	37:13	119.10	10:57:18	5:31	73	3:20:47	98	3:20:47
Wanderhütte an	13.70	1:22:58	6:03	92	31:35	138	31:35	132.80	12:20:16	5:34	79	3:49:57	103	3:49:57
Brennersgrün	16.00	1:27:41	5:28	62	28:39	92	28:39	148.80	13:47:57	5:33	77	4:17:09	104	4:17:09
Blankenstein	20.30	1:45:51	5:12	61	31:50	90	54:35	169.10	15:33:48	5:31	74	4:48:59	97	4:48:59