



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

□□□□

Eintracht Braunschweig Wintersport □□□: 12:16:04

□□: 195

□□: 169.10 km

Hörschel-Blankenstein

□□□□:

Männerstaffel

□□: 13.78 km/h

□□□□: 4:21 min/km

□□□□□: 8 (of 184)

□□□□□□: 10:44:49

□□□□□: 6(of 117)

□□□□□□□: 10:44:49

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:00:55	4:21	5	6:13	7	6:13	14.00	1:00:55	4:21	5	6:13	7	6:13
Grenzwiese/Kleir	19.60	1:20:03	4:05	6	3:17	7	3:17	33.60	2:20:58	4:11	4	9:30	4	9:30
Neue Ausspanne	14.00	57:26	4:06	5	6:10	6	7:46	47.60	3:18:24	4:10	4	15:40	5	15:40
Grenzdler (Ober	13.60	1:07:15	4:56	24	17:33	29	17:33	61.20	4:25:39	4:20	6	29:22	7	29:22
Allzunah	20.00	1:25:18	4:15	18	13:13	23	13:20	81.20	5:50:57	4:19	6	39:27	7	39:27
Masserberg (Ren	17.80	1:21:41	4:35	15	11:32	19	11:32	99.00	7:12:38	4:22	7	50:59	8	50:59
Neuhaus (Rennst	20.10	1:30:18	4:29	19	15:26	28	15:26	119.10	8:42:56	4:23	6	1:06:25	7	1:06:25
Wanderhütte an	13.70	1:04:16	4:41	15	12:53	18	12:53	132.80	9:47:12	4:25	7	1:16:53	9	1:16:53
Brennersgrün	16.00	1:08:05	4:15	9	9:03	11	9:03	148.80	10:55:17	4:24	6	1:24:29	7	1:24:29
Blankenstein	20.30	1:20:47	3:58	6	6:46	11	29:31	169.10	12:16:04	4:21	6	1:31:15	8	1:31:15