



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

□□□□

Moorgrund Running Crew

□□□: 15:22:02

□□: 196

□□: 11.00 km/h

□□□□: 5:27 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 86 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 64(of 117)

Männerstaffel

□□□□□□□: 10:44:49

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:20:10	5:43	71	25:28	88	25:28	14.00	1:20:10	5:43	71	25:28	88	25:28
Grenzwiese/Kleir	19.60	1:42:30	5:13	59	25:44	82	25:44	33.60	3:02:40	5:26	62	51:12	78	51:12
Neue Ausspanne	14.00	1:15:21	5:22	55	24:05	72	25:41	47.60	4:18:01	5:25	51	1:15:17	66	1:15:17
Grenzdler (Ober	13.60	1:20:22	5:54	75	30:40	102	30:40	61.20	5:38:23	5:31	59	1:42:06	75	1:42:06
Allzunah	20.00	1:43:03	5:09	73	30:58	108	31:05	81.20	7:21:26	5:26	62	2:09:56	78	2:09:56
Masserberg (Ren	17.80	1:32:23	5:11	45	22:14	64	22:14	99.00	8:53:49	5:23	52	2:32:10	68	2:32:10
Neuhaus (Rennst	20.10	1:50:10	5:28	85	35:18	119	35:18	119.10	10:43:59	5:24	58	3:07:28	75	3:07:28
Wanderhütte an	13.70	1:17:55	5:41	73	26:32	100	26:32	132.80	12:01:54	5:26	59	3:31:35	77	3:31:35
Brennersgrün	16.00	1:32:40	5:47	78	33:38	115	33:38	148.80	13:34:34	5:28	63	4:03:46	82	4:03:46
Blankenstein	20.30	1:47:28	5:17	71	33:27	102	56:12	169.10	15:22:02	5:27	64	4:37:13	86	4:37:13