



# 24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

□□□□

Schleuse-Sport e.V.

□□□: 17:56:04

□□: 199

□□: 9.43 km/h

□□□□: 6:21 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 178 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 115(of 117)

Männerstaffel

□□□□□□□: 10:44:49

□□□□

□□□□

□□□

□□□	□□	□□	□□	□□	□□	□□	□□	□□□	□□□	□□□	□□	□□	□□	□□
	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
Hohe Sonne	14.00	1:10:33	5:02	24	15:51	32	15:51	14.00	1:10:33	5:02	24	15:51	32	15:51
Grenzwiese/Kleir	19.60	2:05:57	6:25	112	49:11	170	49:11	33.60	3:16:30	5:50	91	1:05:02	120	1:05:02
Neue Ausspanne	14.00	1:22:43	5:54	88	31:27	126	33:03	47.60	4:39:13	5:51	98	1:36:29	132	1:36:29
Grenzdler (Ober	13.60	1:22:13	6:02	87	32:31	119	32:31	61.20	6:01:26	5:54	97	2:05:09	128	2:05:09
Allzunah	20.00	2:26:05	7:18	114	1:14:00	180	1:14:07	81.20	8:27:31	6:15	110	3:16:01	166	3:16:01
Masserberg (Ren	17.80	1:55:47	6:30	105	45:38	160	45:38	99.00	10:23:18	6:17	114	4:01:39	170	4:01:39
Neuhaus (Rennst	20.10	2:05:24	6:14	111	50:32	164	50:32	119.10	12:28:42	6:17	114	4:52:11	171	4:52:11
Wanderhütte an	13.70	1:46:55	7:48	116	55:32	181	55:32	132.80	14:15:37	6:26	115	5:45:18	178	5:45:18
Brennersgrün	16.00	1:39:48	6:14	100	40:46	150	40:46	148.80	15:55:25	6:25	114	6:24:37	175	6:24:37
Blankenstein	20.30	2:00:39	5:56	98	46:38	151	1:09:23	169.10	17:56:04	6:21	115	7:11:15	178	7:11:15