



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Hirschvogel

□□□: 16:23:12

□□: 200

□□: 10.31 km/h

□□□□: 5:48 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 141 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 100(of 117)

Männerstaffel

□□□□□□□: 10:44:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:29:19	6:22	100	34:37	139	34:37	14.00	1:29:19	6:22	100	34:37	139	34:37
Grenzwiese/Kleir	19.60	1:47:16	5:28	77	30:30	106	30:30	33.60	3:16:35	5:51	92	1:05:07	121	1:05:07
Neue Ausspanne	14.00	1:31:37	6:32	109	40:21	163	41:57	47.60	4:48:12	6:03	103	1:45:28	144	1:45:28
Grenzdler (Ober	13.60	1:33:10	6:51	106	43:28	166	43:28	61.20	6:21:22	6:13	109	2:25:05	159	2:25:05
Allzunah	20.00	2:07:28	6:22	108	55:23	171	55:30	81.20	8:28:50	6:15	112	3:17:20	169	3:17:20
Masserberg (Ren	17.80	1:53:26	6:22	103	43:17	157	43:17	99.00	10:22:16	6:17	113	4:00:37	170	4:00:37
Neuhaus (Rennst	20.10	1:33:43	4:39	29	18:51	43	18:51	119.10	11:55:59	6:00	106	4:19:28	154	4:19:28
Wanderhütte an	13.70	1:15:29	5:30	64	24:06	86	24:06	132.80	13:11:28	5:57	104	4:41:09	151	4:41:09
Brennersgrün	16.00	1:30:12	5:38	69	31:10	103	31:10	148.80	14:41:40	5:55	102	5:10:52	144	5:10:52
Blankenstein	20.30	1:41:32	5:00	46	27:31	71	50:16	169.10	16:23:12	5:48	100	5:38:23	141	5:38:23