



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Bergische Jungs

□□□: 13:55:44

□□: 206

□□: 12.13 km/h

□□□□: 4:56 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 29 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 23(of 117)

Männerstaffel

□□□□□□□: 10:44:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:11:02	5:04	25	16:20	33	16:20	14.00	1:11:02	5:04	25	16:20	33	16:20
Grenzwiese/Kleir	19.60	1:51:34	5:41	89	34:48	127	34:48	33.60	3:02:36	5:26	61	51:08	77	51:08
Neue Ausspanne	14.00	56:35	4:02	4	5:19	5	6:55	47.60	3:59:11	5:01	29	56:27	38	56:27
Grenzdler (Ober	13.60	1:11:09	5:13	38	21:27	46	21:27	61.20	5:10:20	5:04	23	1:14:03	30	1:14:03
Allzunah	20.00	1:31:20	4:33	32	19:15	41	19:22	81.20	6:41:40	4:56	24	1:30:10	30	1:30:10
Masserberg (Ren	17.80	1:26:42	4:52	28	16:33	37	16:33	99.00	8:08:22	4:55	22	1:46:43	29	1:46:43
Neuhaus (Rennst	20.10	1:41:06	5:01	54	26:14	72	26:14	119.10	9:49:28	4:56	22	2:12:57	29	2:12:57
Wanderhütte an	13.70	1:09:38	5:04	34	18:15	44	18:15	132.80	10:59:06	4:57	24	2:28:47	30	2:28:47
Brennersgrün	16.00	1:17:10	4:49	28	18:08	39	18:08	148.80	12:16:16	4:56	23	2:45:28	29	2:45:28
Blankenstein	20.30	1:39:28	4:53	40	25:27	61	48:12	169.10	13:55:44	4:56	23	3:10:55	29	3:10:55