



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Auto Brucker- Pleßgirls

□□: Lauffreß Breitungen

□□: 12

□□: 169.10 km

Hörschel-Blankenstein

□□□□:

Frauenstaffel

□□□: 13:16:19

□□: 12.74 km/h

□□□□: 4:42 min/km

□□□□□: 20 (of 184)

□□□□□□: 10:44:49

□□□□□: 1(of 14)

□□□□□□□: 13:16:19

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	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
Hohe Sonne	14.00	1:06:18	4:44	1	-	22	11:36	14.00	1:06:18	4:44	1	-	185	11:36
Grenzwiese/Kleir	19.60	1:51:18	5:40	4	13:06	125	34:32	33.60	2:57:36	5:17	1	-	184	46:08
Neue Ausspanne	14.00	1:08:29	4:53	1	-	37	18:49	47.60	4:06:05	5:10	1	-	184	1:03:21
Grenzdler (Ober	13.60	1:01:54	4:33	1	-	12	12:12	61.20	5:07:59	5:01	1	-	184	1:11:42
Allzunah	20.00	1:19:46	3:59	1	-	8	7:48	81.20	6:27:45	4:46	1	-	183	1:16:15
Masserberg (Ren	17.80	1:23:45	4:42	1	-	22	13:36	99.00	7:51:30	4:45	1	-	183	1:29:51
Neuhaus (Rennst	20.10	1:29:30	4:27	1	-	25	14:38	119.10	9:21:00	4:42	1	-	183	1:44:29
Wanderhütte an	13.70	1:04:19	4:41	1	-	19	12:56	132.80	10:25:19	4:42	1	-	183	1:55:00
Brennersgrün	16.00	1:22:54	5:10	4	7:00	68	23:52	148.80	11:48:13	4:45	1	-	183	2:17:25
Blankenstein	20.30	1:28:06	4:20	1	-	24	36:50	169.10	13:16:19	4:42	1	-	20	2:31:30