



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Lauftreff Tausendfüßler Hammelburg □□□: 15:18:28

□□: 208

□□: 169.10 km

Hörschel-Blankenstein

□□□□:

Männerstaffel

□□: 11.04 km/h

□□□□: 5:25 min/km

□□□□□: 84 (of 184)

□□□□□□: 10:44:49

□□□□□: 62(of 117)

□□□□□□□: 10:44:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:26:22	6:10	96	31:40	128	31:40	14.00	1:26:22	6:10	96	31:40	128	31:40
Grenzwiese/Kleir	19.60	1:48:53	5:33	81	32:07	110	32:07	33.60	3:15:15	5:48	90	1:03:47	119	1:03:47
Neue Ausspanne	14.00	1:10:23	5:01	36	19:07	45	20:43	47.60	4:25:38	5:34	69	1:22:54	88	1:22:54
Grenzdler (Ober	13.60	1:13:53	5:25	47	24:11	59	24:11	61.20	5:39:31	5:32	61	1:43:14	77	1:43:14
Allzunah	20.00	1:41:32	5:04	62	29:27	92	29:34	81.20	7:21:03	5:25	61	2:09:33	77	2:09:33
Masserberg (Ren	17.80	1:39:12	5:34	73	29:03	106	29:03	99.00	9:00:15	5:27	59	2:38:36	78	2:38:36
Neuhaus (Rennst	20.10	1:52:10	5:34	92	37:18	129	37:18	119.10	10:52:25	5:28	70	3:15:54	92	3:15:54
Wanderhütte an	13.70	1:11:05	5:11	40	19:42	53	19:42	132.80	12:03:30	5:26	62	3:33:11	81	3:33:11
Brennersgrün	16.00	1:31:41	5:43	74	32:39	111	32:39	148.80	13:35:11	5:28	64	4:04:23	83	4:04:23
Blankenstein	20.30	1:43:17	5:05	52	29:16	77	52:01	169.10	15:18:28	5:25	62	4:33:39	84	4:33:39