



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Erfurter Goldstandard

□□: Startgemeinschaft Erfurt
 □□: 217

□□: 169.10 km
 Hörschel-Blankenstein

□□□□:
 Männerstaffel

□□□: 11:10:48

□□: 15.12 km/h
 □□□□: 3:58 min/km

□□□□□: 2 (of 184)

□□□□□□: 10:44:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	59:17	4:14	3	4:35	4	4:35	14.00	59:17	4:14	3	4:35	4	4:35
Grenzwiese/Kleir	19.60	1:19:55	4:04	5	3:09	6	3:09	33.60	2:19:12	4:08	2	7:44	2	7:44
Neue Ausspanne	14.00	55:20	3:57	2	4:04	3	5:40	47.60	3:14:32	4:05	2	11:48	2	11:48
Grenzdler (Ober	13.60	54:01	3:58	3	4:19	3	4:19	61.20	4:08:33	4:03	3	12:16	3	12:16
Allzunah	20.00	1:12:05	3:36	1	-	2	0:07	81.20	5:20:38	3:56	2	9:08	2	9:08
Masserberg (Ren	17.80	1:14:14	4:10	3	4:05	3	4:05	99.00	6:34:52	3:59	2	13:13	2	13:13
Neuhaus (Rennst	20.10	1:21:25	4:03	5	6:33	6	6:33	119.10	7:56:17	3:59	3	19:46	3	19:46
Wanderhütte an	13.70	51:45	3:46	2	0:22	2	0:22	132.80	8:48:02	3:58	3	17:43	3	17:43
Brennersgrün	16.00	1:07:20	4:12	6	8:18	8	8:18	148.80	9:55:22	4:00	3	24:34	3	24:34
Blankenstein	20.30	1:15:26	3:42	3	1:25	6	24:10	169.10	11:10:48	3:58	2	25:59	2	25:59