



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

□□□□

Torpedo Alfredo

□□: Rennsteiglaufverein
 □□: 501

□□: 169.10 km
 Hörschel-Blankenstein

□□□□:
 Mixstaffel

□□□: 17:22:46

□□: 9.72 km/h
 □□□□: 6:09 min/km

□□□□□: 164 (of 184)

□□□□□□: 10:44:49

□□□□□: 44(of 53)

□□□□□□□: 11:42:16

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:30:40	6:28	37	32:52	146	35:58	14.00	1:30:40	6:28	37	32:52	185	35:58
Grenzwiese/Kleir	19.60	1:56:55	5:57	40	38:53	148	40:09	33.60	3:27:35	6:10	42	1:06:22	184	1:16:07
Neue Ausspanne	14.00	1:12:56	5:12	10	23:16	58	23:16	47.60	4:40:31	5:53	30	1:22:45	184	1:37:47
Grenzadler (Ober	13.60	1:28:40	6:31	44	32:12	157	38:58	61.20	6:09:11	6:01	35	1:54:57	184	2:12:54
Allzunah	20.00	1:56:24	5:49	49	44:26	159	44:26	81.20	8:05:35	5:58	40	2:32:43	184	2:54:05
Masserberg (Ren	17.80	1:47:28	6:02	38	31:41	136	37:19	99.00	9:53:03	5:59	39	2:54:25	184	3:31:24
Neuhaus (Rennst	20.10	2:02:44	6:06	44	46:52	160	47:52	119.10	11:55:47	6:00	41	3:41:17	184	4:19:16
Wanderhütte an	13.70	1:25:41	6:15	39	25:42	151	34:18	132.80	13:21:28	6:02	40	4:06:59	184	4:51:09
Brennersgrün	16.00	1:56:32	7:16	51	50:41	179	57:30	148.80	15:18:00	6:10	43	4:57:05	184	5:47:12
Blankenstein	20.30	2:04:46	6:08	48	1:13:30	164	1:13:30	169.10	17:22:46	6:09	44	5:40:30	164	6:37:57