



# 24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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die alten Hasen

□□: SC DHfK Leipzig

□□: 505

□□: 169.10 km

Hörschel-Blankenstein

□□□□:

Männerstaffel

□□□: 14:19:14

□□: 11.80 km/h

□□□□: 5:04 min/km

□□□□□: 40 (of 184)

□□□□□□: 10:44:49

□□□□□: 31(of 117)

□□□□□□□: 10:44:49

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	□□
Hohe Sonne	14.00	1:12:41	5:11	37	17:59	45	17:59	14.00	1:12:41	5:11	37	17:59	45	17:59
Grenzwiese/Kleir	19.60	1:29:22	4:33	12	12:36	20	12:36	33.60	2:42:03	4:49	16	30:35	24	30:35
Neue Ausspanne	14.00	1:14:59	5:21	53	23:43	70	25:19	47.60	3:57:02	4:58	26	54:18	35	54:18
Grenzdler (Ober	13.60	1:14:02	5:26	50	24:20	62	24:20	61.20	5:11:04	5:04	25	1:14:47	32	1:14:47
Allzunah	20.00	1:30:15	4:30	26	18:10	34	18:17	81.20	6:41:19	4:56	22	1:29:49	28	1:29:49
Masserberg (Ren	17.80	1:16:18	4:17	6	6:09	7	6:09	99.00	7:57:37	4:49	18	1:35:58	24	1:35:58
Neuhaus (Rennst	20.10	2:14:17	6:40	114	59:25	178	59:25	119.10	10:11:54	5:08	36	2:35:23	47	2:35:23
Wanderhütte an	13.70	1:09:49	5:05	36	18:26	46	18:26	132.80	11:21:43	5:08	32	2:51:24	42	2:51:24
Brennersgrün	16.00	1:25:30	5:20	55	26:28	81	26:28	148.80	12:47:13	5:09	32	3:16:25	40	3:16:25
Blankenstein	20.30	1:32:01	4:31	24	18:00	40	40:45	169.10	14:19:14	5:04	31	3:34:25	40	3:34:25