



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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USV Erfurt Mix

□□: USV Erfurt
 □□: 507

□□: 169.10 km
 Hörschel-Blankenstein

□□□□:
 Mixstaffel

□□□: 15:39:04

□□: 10.80 km/h
 □□□□: 5:33 min/km

□□□□□: 100 (of 184)

□□□□□□: 10:44:49

□□□□□: 22(of 53)

□□□□□□□: 11:42:16

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:20:47	5:46	20	22:59	95	26:05	14.00	1:20:47	5:46	20	22:59	185	26:05
Grenzwiese/Kleir	19.60	1:43:46	5:17	24	25:44	90	27:00	33.60	3:04:33	5:29	18	43:20	184	53:05
Neue Ausspanne	14.00	1:18:12	5:35	19	28:32	94	28:32	47.60	4:22:45	5:31	14	1:04:59	184	1:20:01
Grenzadler (Ober	13.60	1:24:38	6:13	35	28:10	138	34:56	61.20	5:47:23	5:40	18	1:33:09	184	1:51:06
Allzunah	20.00	1:38:42	4:56	17	26:44	72	26:44	81.20	7:26:05	5:29	15	1:53:13	184	2:14:35
Masserberg (Ren	17.80	1:52:41	6:19	44	36:54	154	42:32	99.00	9:18:46	5:38	25	2:20:08	184	2:57:07
Neuhaus (Rennst	20.10	1:32:13	4:35	10	16:21	37	17:21	119.10	10:50:59	5:27	17	2:36:29	184	3:14:28
Wanderhütte an	13.70	1:41:47	7:25	51	41:48	179	50:24	132.80	12:32:46	5:40	28	3:18:17	184	4:02:27
Brennersgrün	16.00	1:18:50	4:55	14	12:59	46	19:48	148.80	13:51:36	5:35	25	3:30:41	184	4:20:48
Blankenstein	20.30	1:47:28	5:17	26	56:12	102	56:12	169.10	15:39:04	5:33	22	3:56:48	100	4:54:15