



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

□□□□

Breuninger Sports II

□□□: 16:23:51

□□: 510

□□: 10.31 km/h

□□□□: 5:49 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 142 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 36(of 53)

Mixstaffel

□□□□□□□: 11:42:16

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:36:16	6:52	45	38:28	167	41:34	14.00	1:36:16	6:52	45	38:28	185	41:34
Grenzwiese/Kleir	19.60	1:49:36	5:35	29	31:34	113	32:50	33.60	3:25:52	6:07	40	1:04:39	184	1:14:24
Neue Ausspanne	14.00	1:25:02	6:04	32	35:22	134	35:22	47.60	4:50:54	6:06	39	1:33:08	184	1:48:10
Grenzdler (Ober	13.60	1:32:57	6:50	48	36:29	165	43:15	61.20	6:23:51	6:16	44	2:09:37	184	2:27:34
Allzunah	20.00	1:42:31	5:07	30	30:33	103	30:33	81.20	8:06:22	5:59	42	2:33:30	183	2:54:52
Masserberg (Ren	17.80	1:31:20	5:07	13	15:33	57	21:11	99.00	9:37:42	5:50	32	2:39:04	183	3:16:03
Neuhaus (Rennst	20.10	1:59:11	5:55	39	43:19	150	44:19	119.10	11:36:53	5:51	35	3:22:23	183	4:00:22
Wanderhütte an	13.70	1:22:17	6:00	34	22:18	132	30:54	132.80	12:59:10	5:52	36	3:44:41	183	4:28:51
Brennersgrün	16.00	1:38:01	6:07	37	32:10	139	38:59	148.80	14:37:11	5:53	35	4:16:16	183	5:06:23
Blankenstein	20.30	1:46:40	5:15	25	55:24	96	55:24	169.10	16:23:51	5:49	36	4:41:35	142	5:39:02