



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Schiller-Mix

□□□: 15:39:35

□□: 516

□□: 10.80 km/h

□□□□: 5:33 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 102 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 24(of 53)

Mixstaffel

□□□□□□□: 11:42:16

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:35:32	6:49	44	37:44	165	40:50	14.00	1:35:32	6:49	44	37:44	185	40:50
Grenzwiese/Kleir	19.60	1:57:16	5:58	41	39:14	150	40:30	33.60	3:32:48	6:19	45	1:11:35	184	1:21:20
Neue Ausspanne	14.00	1:19:06	5:38	20	29:26	102	29:26	47.60	4:51:54	6:07	41	1:34:08	184	1:49:10
Grenzdler (Ober	13.60	1:13:27	5:24	10	16:59	58	23:45	61.20	6:05:21	5:58	29	1:51:07	184	2:09:04
Allzunah	20.00	1:48:32	5:25	35	36:34	126	36:34	81.20	7:53:53	5:50	33	2:21:01	183	2:42:23
Masserberg (Ren	17.80	1:49:30	6:09	40	33:43	143	39:21	99.00	9:43:23	5:53	34	2:44:45	183	3:21:44
Neuhaus (Rennst	20.10	1:23:28	4:09	4	7:36	10	8:36	119.10	11:06:51	5:35	25	2:52:21	183	3:30:20
Wanderhütte an	13.70	1:20:13	5:51	25	20:14	112	28:50	132.80	12:27:04	5:37	26	3:12:35	183	3:56:45
Brennersgrün	16.00	1:16:50	4:48	9	10:59	36	17:48	148.80	13:43:54	5:32	20	3:22:59	183	4:13:06
Blankenstein	20.30	1:55:41	5:41	38	1:04:25	136	1:04:25	169.10	15:39:35	5:33	24	3:57:19	102	4:54:46