



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Walschberg-Runners

□□□: 16:03:54

□□: 519

□□: 10.52 km/h

□□□□: 5:42 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 125 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 30(of 53)

Mixstaffel

□□□□□□□: 11:42:16

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:15:04	5:21	9	17:16	61	20:22	14.00	1:15:04	5:21	9	17:16	185	20:22
Grenzwiese/Kleir	19.60	1:51:12	5:40	33	33:10	124	34:26	33.60	3:06:16	5:32	19	45:03	184	54:48
Neue Ausspanne	14.00	1:21:52	5:50	26	32:12	118	32:12	47.60	4:28:08	5:37	18	1:10:22	184	1:25:24
Grenzdler (Ober	13.60	1:16:48	5:38	15	20:20	81	27:06	61.20	5:44:56	5:38	16	1:30:42	184	1:48:39
Allzunah	20.00	1:57:00	5:50	50	45:02	160	45:02	81.20	7:41:56	5:41	27	2:09:04	184	2:30:26
Masserberg (Ren	17.80	1:31:07	5:07	12	15:20	55	20:58	99.00	9:13:03	5:35	20	2:14:25	184	2:51:24
Neuhaus (Rennst	20.10	1:59:23	5:56	41	43:31	152	44:31	119.10	11:12:26	5:38	28	2:57:56	184	3:35:55
Wanderhütte an	13.70	1:14:30	5:26	15	14:31	72	23:07	132.80	12:26:56	5:37	25	3:12:27	184	3:56:37
Brennersgrün	16.00	1:34:33	5:54	30	28:42	122	35:31	148.80	14:01:29	5:39	28	3:40:34	184	4:30:41
Blankenstein	20.30	2:02:25	6:01	45	1:11:09	157	1:11:09	169.10	16:03:54	5:42	30	4:21:38	125	5:19:05