



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

□□□□

Walschberg-Runners

□□□: 16:03:54

□□: 519

□□: 10.52 km/h

□□□□: 5:42 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 125 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 30(of 53)

Mixstaffel

□□□□□□□: 11:42:16

□□□□

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| □□□ | □□ | □□ | □□ | □□ | □□ | □□ | □□ | □□□ | □□□ | □□□ | □□ | □□ | □□ | □□ |
|------------------|-------|---------|--------|----|---------|-----|---------|--------|----------|--------|----|---------|-----|---------|
| | km | □□ | min/km | - | - | □□□ | □□□ | km | □□ | min/km | - | - | □□□ | □□□ |
| Hohe Sonne | 14.00 | 1:15:04 | 5:21 | 9 | 17:16 | 61 | 20:22 | 14.00 | 1:15:04 | 5:21 | 9 | 17:16 | 185 | 20:22 |
| Grenzwiese/Kleir | 19.60 | 1:51:12 | 5:40 | 33 | 33:10 | 124 | 34:26 | 33.60 | 3:06:16 | 5:32 | 19 | 45:03 | 184 | 54:48 |
| Neue Ausspanne | 14.00 | 1:21:52 | 5:50 | 26 | 32:12 | 118 | 32:12 | 47.60 | 4:28:08 | 5:37 | 18 | 1:10:22 | 184 | 1:25:24 |
| Grenzdler (Ober | 13.60 | 1:16:48 | 5:38 | 15 | 20:20 | 81 | 27:06 | 61.20 | 5:44:56 | 5:38 | 16 | 1:30:42 | 184 | 1:48:39 |
| Allzunah | 20.00 | 1:57:00 | 5:50 | 50 | 45:02 | 160 | 45:02 | 81.20 | 7:41:56 | 5:41 | 27 | 2:09:04 | 184 | 2:30:26 |
| Masserberg (Ren | 17.80 | 1:31:07 | 5:07 | 12 | 15:20 | 55 | 20:58 | 99.00 | 9:13:03 | 5:35 | 20 | 2:14:25 | 184 | 2:51:24 |
| Neuhaus (Rennst | 20.10 | 1:59:23 | 5:56 | 41 | 43:31 | 152 | 44:31 | 119.10 | 11:12:26 | 5:38 | 28 | 2:57:56 | 184 | 3:35:55 |
| Wanderhütte an | 13.70 | 1:14:30 | 5:26 | 15 | 14:31 | 72 | 23:07 | 132.80 | 12:26:56 | 5:37 | 25 | 3:12:27 | 184 | 3:56:37 |
| Brennersgrün | 16.00 | 1:34:33 | 5:54 | 30 | 28:42 | 122 | 35:31 | 148.80 | 14:01:29 | 5:39 | 28 | 3:40:34 | 184 | 4:30:41 |
| Blankenstein | 20.30 | 2:02:25 | 6:01 | 45 | 1:11:09 | 157 | 1:11:09 | 169.10 | 16:03:54 | 5:42 | 30 | 4:21:38 | 125 | 5:19:05 |