



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

□□□□

Renn(s)tiger

□□□: 15:39:16

□□: 521

□□: 10.80 km/h
□□□□: 5:33 min/km

□□: 169.10 km
Hörschel-Blankenstein

□□□□□: 101 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 23(of 53)

Mixstaffel

□□□□□□□: 11:42:16

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:32:32	6:36	41	34:44	155	37:50	14.00	1:32:32	6:36	41	34:44	185	37:50
Grenzwiese/Kleir	19.60	1:45:01	5:21	26	26:59	97	28:15	33.60	3:17:33	5:52	30	56:20	184	1:06:05
Neue Ausspanne	14.00	1:29:12	6:22	37	39:32	151	39:32	47.60	4:46:45	6:01	32	1:28:59	184	1:44:01
Grenzdler (Ober	13.60	1:27:39	6:26	41	31:11	153	37:57	61.20	6:14:24	6:07	37	2:00:10	184	2:18:07
Allzunah	20.00	1:47:06	5:21	33	35:08	122	35:08	81.20	8:01:30	5:55	37	2:28:38	183	2:50:00
Masserberg (Ren	17.80	1:39:41	5:36	28	23:54	106	29:32	99.00	9:41:11	5:52	33	2:42:33	183	3:19:32
Neuhaus (Rennst	20.10	1:54:24	5:41	34	38:32	133	39:32	119.10	11:35:35	5:50	34	3:21:05	183	3:59:04
Wanderhütte an	13.70	1:15:53	5:32	20	15:54	90	24:30	132.80	12:51:28	5:48	34	3:36:59	183	4:21:09
Brennersgrün	16.00	1:18:01	4:52	12	12:10	44	18:59	148.80	14:09:29	5:42	29	3:48:34	183	4:38:41
Blankenstein	20.30	1:29:47	4:25	12	38:31	30	38:31	169.10	15:39:16	5:33	23	3:57:00	101	4:54:27