



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Dream-Team-Ilmenau

□□□: 15:35:08

□□: Dream-Team-Ilmenau

□□: 10.84 km/h

□□: 524

□□□□: 5:31 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 99 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 21(of 53)

Mixstaffel

□□□□□□□: 11:42:16

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□□□□

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	□□
Hohe Sonne	14.00	1:33:58	6:42	42	36:10	160	39:16	14.00	1:33:58	6:42	42	36:10	185	39:16
Grenzwiese/Kleir	19.60	1:40:32	5:07	20	22:30	73	23:46	33.60	3:14:30	5:47	25	53:17	184	1:03:02
Neue Ausspanne	14.00	1:27:55	6:16	34	38:15	146	38:15	47.60	4:42:25	5:55	31	1:24:39	184	1:39:41
Grenzdler (Ober	13.60	1:26:37	6:22	38	30:09	147	36:55	61.20	6:09:02	6:01	34	1:54:48	184	2:12:45
Allzunah	20.00	1:31:32	4:34	9	19:34	43	19:34	81.20	7:40:34	5:40	26	2:07:42	184	2:29:04
Masserberg (Ren	17.80	1:31:49	5:09	14	16:02	58	21:40	99.00	9:12:23	5:34	19	2:13:45	184	2:50:44
Neuhaus (Rennst	20.10	1:42:50	5:06	19	26:58	79	27:58	119.10	10:55:13	5:30	22	2:40:43	184	3:18:42
Wanderhütte an	13.70	1:14:40	5:27	16	14:41	74	23:17	132.80	12:09:53	5:29	18	2:55:24	184	3:39:34
Brennersgrün	16.00	1:25:41	5:21	22	19:50	82	26:39	148.80	13:35:34	5:28	17	3:14:39	184	4:04:46
Blankenstein	20.30	1:59:34	5:53	41	1:08:18	147	1:08:18	169.10	15:35:08	5:31	21	3:52:52	99	4:50:19