



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

□□□□

Rennsteinläufer

□□: Edith-Stein-Schulsportverein Erfurt `98 e.V.
 □□: 527

□□: 169.10 km
 Hörschel-Blankenstein

□□□□:
 Mixstaffel

□□□: 15:32:00

□□: 10.89 km/h
 □□□□: 5:30 min/km

□□□□□: 91 (of 184)

□□□□□□: 10:44:49

□□□□□: 20(of 53)

□□□□□□□: 11:42:16

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:25:25	6:06	25	27:37	122	30:43	14.00	1:25:25	6:06	25	27:37	185	30:43
Grenzwiese/Kleir	19.60	1:52:06	5:43	35	34:04	130	35:20	33.60	3:17:31	5:52	29	56:18	184	1:06:03
Neue Ausspanne	14.00	1:30:46	6:29	40	41:06	158	41:06	47.60	4:48:17	6:03	36	1:30:31	184	1:45:33
Grenzadler (Ober	13.60	1:05:36	4:49	4	9:08	20	15:54	61.20	5:53:53	5:46	20	1:39:39	184	1:57:36
Allzunah	20.00	1:38:47	4:56	18	26:49	73	26:49	81.20	7:32:40	5:34	20	1:59:48	183	2:21:10
Masserberg (Ren	17.80	1:46:17	5:58	35	30:30	131	36:08	99.00	9:18:57	5:38	26	2:20:19	183	2:57:18
Neuhaus (Rennst	20.10	1:47:30	5:20	24	31:38	106	32:38	119.10	11:06:27	5:35	24	2:51:57	183	3:29:56
Wanderhütte an	13.70	1:18:55	5:45	23	18:56	104	27:32	132.80	12:25:22	5:36	23	3:10:53	183	3:55:03
Brennersgrün	16.00	1:19:00	4:56	15	13:09	47	19:58	148.80	13:44:22	5:32	21	3:23:27	183	4:13:34
Blankenstein	20.30	1:47:38	5:18	28	56:22	107	56:22	169.10	15:32:00	5:30	20	3:49:44	91	4:47:11