



# 24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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The GOETHE - Ladies and Gentlemen □□□: 16:53:32

□□: 530

□□: 169.10 km

Hörschel-Blankenstein

□□□□:

Mixstaffel

□□: 10.00 km/h

□□□□: 5:59 min/km

□□□□□: 153 (of 184)

□□□□□□: 10:44:49

□□□□□: 41(of 53)

□□□□□□□: 11:42:16

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:20:24	5:44	18	22:36	91	25:42	14.00	1:20:24	5:44	18	22:36	185	25:42
Grenzwiese/Kleir	19.60	1:58:56	6:04	44	40:54	153	42:10	33.60	3:19:20	5:55	33	58:07	184	1:07:52
Neue Ausspanne	14.00	1:19:29	5:40	21	29:49	104	29:49	47.60	4:38:49	5:51	29	1:21:03	184	1:36:05
Grenzadler (Ober	13.60	1:41:13	7:26	52	44:45	178	51:31	61.20	6:20:02	6:12	41	2:05:48	184	2:23:45
Allzunah	20.00	1:41:02	5:03	25	29:04	87	29:04	81.20	8:01:04	5:55	36	2:28:12	184	2:49:34
Masserberg (Ren	17.80	2:05:55	7:04	50	50:08	175	55:46	99.00	10:06:59	6:07	45	3:08:21	184	3:45:20
Neuhaus (Rennst	20.10	1:33:20	4:38	12	17:28	40	18:28	119.10	11:40:19	5:52	39	3:25:49	184	4:03:48
Wanderhütte an	13.70	1:45:48	7:43	53	45:49	181	54:25	132.80	13:26:07	6:04	42	4:11:38	184	4:55:48
Brennersgrün	16.00	1:39:30	6:13	39	33:39	148	40:28	148.80	15:05:37	6:05	40	4:44:42	184	5:34:49
Blankenstein	20.30	1:47:55	5:18	29	56:39	108	56:39	169.10	16:53:32	5:59	41	5:11:16	153	6:08:43