



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Kassenärztliche Vereinigung Thüringen □□□: 16:04:35

□□: 531

□□: 10.51 km/h
 □□□□: 5:42 min/km

□□: 169.10 km
 Hörschel-Blankenstein

□□□□□: 126 (of 184)
 □□□□□□: 10:44:49

□□□□:
 Mixstaffel

□□□□□: 31(of 53)
 □□□□□□□: 11:42:16

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:22:53	5:55	24	25:05	115	28:11	14.00	1:22:53	5:55	24	25:05	185	28:11
Grenzwiese/Kleir	19.60	2:29:45	7:38	52	1:11:43	182	1:12:59	33.60	3:52:38	6:55	50	1:31:25	184	1:41:10
Neue Ausspanne	14.00	1:36:33	6:53	48	46:53	173	46:53	47.60	5:29:11	6:54	50	2:11:25	184	2:26:27
Grenzdler (Ober	13.60	1:20:04	5:53	20	23:36	99	30:22	61.20	6:49:15	6:41	49	2:35:01	184	2:52:58
Allzunah	20.00	1:35:45	4:47	13	23:47	56	23:47	81.20	8:25:00	6:13	48	2:52:08	184	3:13:30
Masserberg (Ren	17.80	1:25:14	4:47	7	9:27	29	15:05	99.00	9:50:14	5:57	37	2:51:36	184	3:28:35
Neuhaus (Rennst	20.10	1:48:38	5:24	27	32:46	112	33:46	119.10	11:38:52	5:52	37	3:24:22	184	4:02:21
Wanderhütte an	13.70	1:10:03	5:06	9	10:04	47	18:40	132.80	12:48:55	5:47	33	3:34:26	184	4:18:36
Brennersgrün	16.00	1:30:33	5:39	29	24:42	107	31:31	148.80	14:19:28	5:46	34	3:58:33	184	4:48:40
Blankenstein	20.30	1:45:07	5:10	24	53:51	86	53:51	169.10	16:04:35	5:42	31	4:22:19	126	5:19:46