



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Breuninger Sports I

□□□: 17:42:54

□□: 16

□□: 9.54 km/h

□□□□: 6:17 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 173 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 11(of 14)

Frauenstaffel

□□□□□□□: 13:16:19

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:33:24	6:40	8	27:06	157	38:42	14.00	1:33:24	6:40	8	27:06	185	38:42
Grenzwiese/Kleir	19.60	2:10:32	6:39	12	32:20	174	53:46	33.60	3:43:56	6:39	11	46:20	184	1:32:28
Neue Ausspanne	14.00	1:32:14	6:35	13	23:45	166	42:34	47.60	5:16:10	6:38	12	1:10:05	184	2:13:26
Grenzdler (Ober	13.60	1:29:19	6:34	11	27:25	160	39:37	61.20	6:45:29	6:37	11	1:37:30	184	2:49:12
Allzunah	20.00	2:12:50	6:38	13	53:04	179	1:00:52	81.20	8:58:19	6:37	12	2:30:34	184	3:46:49
Masserberg (Ren	17.80	1:45:54	5:56	8	22:09	128	35:45	99.00	10:44:13	6:30	12	2:52:43	184	4:22:34
Neuhaus (Rennst	20.10	2:03:59	6:10	9	34:29	162	49:07	119.10	12:48:12	6:27	12	3:27:12	184	5:11:41
Wanderhütte an	13.70	1:20:50	5:54	10	16:31	117	29:27	132.80	14:09:02	6:23	12	3:43:43	184	5:38:43
Brennersgrün	16.00	1:47:14	6:42	13	31:20	167	48:12	148.80	15:56:16	6:25	11	4:08:03	184	6:25:28
Blankenstein	20.30	1:46:38	5:15	6	18:32	95	55:22	169.10	17:42:54	6:17	11	4:26:35	173	6:58:05