



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Ratsrunners

□□□: 14:03:01

□□: 532

□□: 12.03 km/h
 □□□□: 4:59 min/km

□□: 169.10 km
 Hörschel-Blankenstein

□□□□□: 34 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 7(of 53)

Mixstaffel

□□□□□□□: 11:42:16

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	57:48	4:07	1	-	3	3:06	14.00	57:48	4:07	1	-	185	3:06
Grenzwiese/Kleir	19.60	1:33:49	4:47	12	15:47	36	17:03	33.60	2:31:37	4:30	5	10:24	184	20:09
Neue Ausspanne	14.00	1:24:44	6:03	31	35:04	133	35:04	47.60	3:56:21	4:57	9	38:35	184	53:37
Grenzdler (Ober	13.60	1:17:37	5:42	16	21:09	86	27:55	61.20	5:13:58	5:07	9	59:44	184	1:17:41
Allzunah	20.00	1:28:07	4:24	6	16:09	30	16:09	81.20	6:42:05	4:57	7	1:09:13	184	1:30:35
Masserberg (Ren	17.80	1:23:54	4:42	6	8:07	24	13:45	99.00	8:05:59	4:54	6	1:07:21	184	1:44:20
Neuhaus (Rennst	20.10	1:56:44	5:48	39	40:52	144	41:52	119.10	10:02:43	5:03	7	1:48:13	184	2:26:12
Wanderhütte an	13.70	1:12:49	5:18	13	12:50	64	21:26	132.80	11:15:32	5:05	7	2:01:03	184	2:45:13
Brennersgrün	16.00	1:15:56	4:44	8	10:05	30	16:54	148.80	12:31:28	5:03	6	2:10:33	184	3:00:40
Blankenstein	20.30	1:31:33	4:30	15	40:17	38	40:17	169.10	14:03:01	4:59	7	2:20:45	34	3:18:12