



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Stadt Suhl

□□: Gemeinsam zum Ziel!
 □□: 534

□□: 169.10 km
 Hörschel-Blankenstein

□□□□:
 Mixstaffel

□□□: 16:49:21

□□: 10.05 km/h
 □□□□: 5:58 min/km

□□□□□: 151 (of 184)

□□□□□□: 10:44:49

□□□□□: 40(of 53)

□□□□□□□: 11:42:16

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:15:26	5:23	10	17:38	65	20:44	14.00	1:15:26	5:23	10	17:38	185	20:44
Grenzwiese/Kleir	19.60	2:01:55	6:13	46	43:53	158	45:09	33.60	3:17:21	5:52	27	56:08	184	1:05:53
Neue Ausspanne	14.00	1:16:51	5:29	17	27:11	84	27:11	47.60	4:34:12	5:45	24	1:16:26	184	1:31:28
Grenzdler (Ober	13.60	1:31:55	6:45	47	35:27	163	42:13	61.20	6:06:07	5:58	30	1:51:53	184	2:09:50
Allzunah	20.00	1:46:40	5:20	32	34:42	121	34:42	81.20	7:52:47	5:49	32	2:19:55	184	2:41:17
Masserberg (Ren	17.80	2:00:05	6:44	49	44:18	169	49:56	99.00	9:52:52	5:59	38	2:54:14	184	3:31:13
Neuhaus (Rennst	20.10	1:47:21	5:20	23	31:29	104	32:29	119.10	11:40:13	5:52	38	3:25:43	184	4:03:42
Wanderhütte an	13.70	1:22:33	6:01	36	22:34	136	31:10	132.80	13:02:46	5:53	38	3:48:17	184	4:32:27
Brennersgrün	16.00	1:55:28	7:13	50	49:37	178	56:26	148.80	14:58:14	6:02	39	4:37:19	184	5:27:26
Blankenstein	20.30	1:51:07	5:28	35	59:51	125	59:51	169.10	16:49:21	5:58	40	5:07:05	151	6:04:32