



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

□□□□

Rennsteig Runners by Edeka

□□: Edeka Werner Steinbach-Hallenberg
 □□: 536

□□: 169.10 km
 Hörschel-Blankenstein

□□□□:
 Männerstaffel

□□□: 15:59:58

□□: 10.56 km/h
 □□□□: 5:40 min/km

□□□□□: 120 (of 184)

□□□□□□: 10:44:49

□□□□□: 90(of 117)

□□□□□□□: 10:44:49

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:24:50	6:03	93	30:08	121	30:08	14.00	1:24:50	6:03	93	30:08	121	30:08
Grenzwiese/Kleir	19.60	1:41:45	5:11	56	24:59	78	24:59	33.60	3:06:35	5:33	72	55:07	94	55:07
Neue Ausspanne	14.00	1:22:31	5:53	85	31:15	122	32:51	47.60	4:29:06	5:39	77	1:26:22	98	1:26:22
Grenzdler (Ober	13.60	1:06:51	4:54	19	17:09	24	17:09	61.20	5:35:57	5:29	54	1:39:40	69	1:39:40
Allzunah	20.00	1:41:43	5:05	65	29:38	95	29:45	81.20	7:17:40	5:23	56	2:06:10	72	2:06:10
Masserberg (Ren	17.80	1:52:55	6:20	102	42:46	156	42:46	99.00	9:10:35	5:33	72	2:48:56	93	2:48:56
Neuhaus (Rennst	20.10	1:38:42	4:54	44	23:50	61	23:50	119.10	10:49:17	5:27	64	3:12:46	83	3:12:46
Wanderhütte an	13.70	1:20:45	5:53	81	29:22	116	29:22	132.80	12:10:02	5:29	70	3:39:43	91	3:39:43
Brennersgrün	16.00	1:45:30	6:35	108	46:28	164	46:28	148.80	13:55:32	5:36	81	4:24:44	110	4:24:44
Blankenstein	20.30	2:04:26	6:07	104	50:25	162	1:13:10	169.10	15:59:58	5:40	90	5:15:09	120	5:15:09