



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Triathlon Friedrichroda e.V.

□□□: 13:58:44

□□: 537

□□: - km/h

□□□□: - min/km

Enduro E Bike

□□□□□: 31 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 25(of 117)

Männerstaffel

□□□□□□□: 10:44:49

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| □□□ | □□ km | □□ □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ | □□ | □□ | □□ | □□ |
|------------------|----------|-----------------|---------|---------|-----------|-----------|-------|--------|----------|------|----|---------|----|---------|
| Hohe Sonne | 14.00 | 1:12:07 | 5:09 | 32 | 17:25 | 40 | 17:25 | 14.00 | 1:12:07 | 5:09 | 32 | 17:25 | 40 | 17:25 |
| Grenzwiese/Kleir | 19.60 | 1:37:47 | 4:59 | 41 | 21:01 | 55 | 21:01 | 33.60 | 2:49:54 | 5:03 | 35 | 38:26 | 44 | 38:26 |
| Neue Ausspanne | 14.00 | 1:14:00 | 5:17 | 50 | 22:44 | 65 | 24:20 | 47.60 | 4:03:54 | 5:07 | 34 | 1:01:10 | 45 | 1:01:10 |
| Grenzdler (Ober | 13.60 | 1:06:41 | 4:54 | 18 | 16:59 | 23 | 16:59 | 61.20 | 5:10:35 | 5:04 | 24 | 1:14:18 | 31 | 1:14:18 |
| Allzunah | 20.00 | 1:30:20 | 4:30 | 28 | 18:15 | 36 | 18:22 | 81.20 | 6:40:55 | 4:56 | 21 | 1:29:25 | 27 | 1:29:25 |
| Masserberg (Ren | 17.80 | 1:26:33 | 4:51 | 25 | 16:24 | 34 | 16:24 | 99.00 | 8:07:28 | 4:55 | 21 | 1:45:49 | 28 | 1:45:49 |
| Neuhaus (Rennst | 20.10 | 1:42:42 | 5:06 | 57 | 27:50 | 77 | 27:50 | 119.10 | 9:50:10 | 4:57 | 24 | 2:13:39 | 31 | 2:13:39 |
| Wanderhütte an | 13.70 | 57:51 | 4:13 | 7 | 6:28 | 7 | 6:28 | 132.80 | 10:48:01 | 4:52 | 20 | 2:17:42 | 26 | 2:17:42 |
| Brennersgrün | 16.00 | 1:39:05 | 6:11 | 97 | 40:03 | 145 | 40:03 | 148.80 | 12:27:06 | 5:01 | 27 | 2:56:18 | 33 | 2:56:18 |
| Blankenstein | 20.30 | 1:31:38 | 4:30 | 23 | 17:37 | 39 | 40:22 | - | 13:58:44 | - | 25 | 3:13:55 | 31 | 3:13:55 |