



# 24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Stetzerbecher Läufer

□□□: 17:38:19

□□: 543

□□: 9.58 km/h

□□□□: 6:15 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 172 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 49(of 53)

Mixstaffel

□□□□□□□: 11:42:16

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:30:06	6:26	36	32:18	144	35:24	14.00	1:30:06	6:26	36	32:18	185	35:24
Grenzwiese/Kleir	19.60	1:26:24	4:24	6	8:22	12	9:38	33.60	2:56:30	5:15	11	35:17	184	45:02
Neue Ausspanne	14.00	1:26:44	6:11	33	37:04	141	37:04	47.60	4:23:14	5:31	15	1:05:28	184	1:20:30
Grenzdler (Ober	13.60	1:39:09	7:17	51	42:41	175	49:27	61.20	6:02:23	5:55	27	1:48:09	184	2:06:06
Allzunah	20.00	1:49:26	5:28	40	37:28	133	37:28	81.20	7:51:49	5:48	31	2:18:57	184	2:40:19
Masserberg (Ren	17.80	2:08:06	7:11	51	52:19	176	57:57	99.00	9:59:55	6:03	44	3:01:17	184	3:38:16
Neuhaus (Rennst	20.10	2:26:51	7:18	53	1:10:59	183	1:11:59	119.10	12:26:46	6:16	48	4:12:16	184	4:50:15
Wanderhütte an	13.70	1:21:27	5:56	29	21:28	123	30:04	132.80	13:48:13	6:14	46	4:33:44	184	5:17:54
Brennersgrün	16.00	2:02:30	7:39	52	56:39	181	1:03:28	148.80	15:50:43	6:23	51	5:29:48	184	6:19:55
Blankenstein	20.30	1:47:36	5:18	27	56:20	105	56:20	169.10	17:38:19	6:15	49	5:56:03	172	6:53:30