



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

□□□□

Rennsteigoldies - Next Generations □□□: 16:24:14

□□: 544

□□: 169.10 km

Hörschel-Blankenstein

□□□□:

Mixstaffel

□□: 10.30 km/h
 □□□□: 5:49 min/km

□□□□□: 143 (of 184)

□□□□□□: 10:44:49

□□□□□: 37(of 53)

□□□□□□□: 11:42:16

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:25:53	6:08	26	28:05	125	31:11	14.00	1:25:53	6:08	26	28:05	185	31:11
Grenzwiese/Kleir	19.60	2:03:57	6:19	49	45:55	165	47:11	33.60	3:29:50	6:14	44	1:08:37	184	1:18:22
Neue Ausspanne	14.00	1:19:49	5:42	22	30:09	107	30:09	47.60	4:49:39	6:05	38	1:31:53	184	1:46:55
Grenzdler (Ober	13.60	1:21:23	5:59	25	24:55	116	31:41	61.20	6:11:02	6:03	36	1:56:48	184	2:14:45
Allzunah	20.00	1:50:45	5:32	42	38:47	136	38:47	81.20	8:01:47	5:55	39	2:28:55	184	2:50:17
Masserberg (Ren	17.80	1:54:11	6:24	46	38:24	160	44:02	99.00	9:55:58	6:01	41	2:57:20	184	3:34:19
Neuhaus (Rennst	20.10	1:50:20	5:29	32	34:28	124	35:28	119.10	11:46:18	5:55	40	3:31:48	184	4:09:47
Wanderhütte an	13.70	1:22:14	6:00	34	22:15	132	30:51	132.80	13:08:32	5:56	39	3:54:03	184	4:38:13
Brennersgrün	16.00	1:35:23	5:57	32	29:32	126	36:21	148.80	14:43:55	5:56	37	4:23:00	184	5:13:07
Blankenstein	20.30	1:40:19	4:56	20	49:03	64	49:03	169.10	16:24:14	5:49	37	4:41:58	143	5:39:25