



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

□□□□

Erbstromtaler Schmalwadeln

□□□: 17:33:19

□□: 545

□□: 9.63 km/h

□□□□: 6:13 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 168 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 46(of 53)

Mixstaffel

□□□□□□□: 11:42:16

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:34:06	6:43	43	36:18	161	39:24	14.00	1:34:06	6:43	43	36:18	185	39:24
Grenzwiese/Kleir	19.60	2:01:48	6:12	45	43:46	157	45:02	33.60	3:35:54	6:25	48	1:14:41	184	1:24:26
Neue Ausspanne	14.00	1:31:32	6:32	42	41:52	162	41:52	47.60	5:07:26	6:27	46	1:49:40	184	2:04:42
Grenzdler (Ober	13.60	1:25:30	6:17	37	29:02	142	35:48	61.20	6:32:56	6:25	45	2:18:42	184	2:36:39
Allzunah	20.00	1:57:26	5:52	50	45:28	161	45:28	81.20	8:30:22	6:17	48	2:57:30	183	3:18:52
Masserberg (Ren	17.80	1:58:23	6:39	47	42:36	165	48:14	99.00	10:28:45	6:21	47	3:30:07	183	4:07:06
Neuhaus (Rennst	20.10	2:07:12	6:19	47	51:20	170	52:20	119.10	12:35:57	6:20	49	4:21:27	183	4:59:26
Wanderhütte an	13.70	1:23:37	6:06	36	23:38	143	32:14	132.80	13:59:34	6:19	49	4:45:05	183	5:29:15
Brennersgrün	16.00	1:48:56	6:48	48	43:05	172	49:54	148.80	15:48:30	6:22	48	5:27:35	183	6:17:42
Blankenstein	20.30	1:44:49	5:09	23	53:33	83	53:33	169.10	17:33:19	6:13	46	5:51:03	168	6:48:30