



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Jambalayarunners

□□□: 14:28:33

□□: 546

□□: 11.68 km/h
□□□□: 5:08 min/km

□□: 169.10 km
Hörschel-Blankenstein

□□□□□: 44 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 10(of 53)

Mixstaffel

□□□□□□□: 11:42:16

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:19:29	5:40	16	21:41	85	24:47	14.00	1:19:29	5:40	16	21:41	185	24:47
Grenzwiese/Kleir	19.60	1:32:31	4:43	10	14:29	30	15:45	33.60	2:52:00	5:07	10	30:47	184	40:32
Neue Ausspanne	14.00	1:11:43	5:07	8	22:03	51	22:03	47.60	4:03:43	5:07	11	45:57	184	1:00:59
Grenzdler (Ober	13.60	1:07:33	4:58	5	11:05	31	17:51	61.20	5:11:16	5:05	7	57:02	184	1:14:59
Allzunah	20.00	1:37:40	4:53	14	25:42	63	25:42	81.20	6:48:56	5:02	8	1:16:04	183	1:37:26
Masserberg (Ren	17.80	1:33:17	5:14	20	17:30	72	23:08	99.00	8:22:13	5:04	8	1:23:35	183	2:00:34
Neuhaus (Rennst	20.10	1:43:23	5:08	21	27:31	83	28:31	119.10	10:05:36	5:05	8	1:51:06	183	2:29:05
Wanderhütte an	13.70	1:11:37	5:13	11	11:38	55	20:14	132.80	11:17:13	5:05	8	2:02:44	183	2:46:54
Brennersgrün	16.00	1:35:09	5:56	31	29:18	124	36:07	148.80	12:52:22	5:11	10	2:31:27	183	3:21:34
Blankenstein	20.30	1:36:11	4:44	17	44:55	48	44:55	169.10	14:28:33	5:08	10	2:46:17	44	3:43:44