



# 24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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FINGERbande

□□: 549

□□: 169.10 km

Hörschel-Blankenstein

□□□□:

Mixstaffel

□□□: 17:15:05

□□: 9.80 km/h

□□□□: 6:07 min/km

□□□□□: 163 (of 184)

□□□□□□: 10:44:49

□□□□□: 43(of 53)

□□□□□□□: 11:42:16

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:31:04	6:30	39	33:16	148	36:22	14.00	1:31:04	6:30	39	33:16	185	36:22
Grenzwiese/Kleir	19.60	2:03:26	6:17	48	45:24	161	46:40	33.60	3:34:30	6:23	46	1:13:17	184	1:23:02
Neue Ausspanne	14.00	1:32:28	6:36	45	42:48	167	42:48	47.60	5:06:58	6:26	45	1:49:12	184	2:04:14
Grenzdler (Ober	13.60	1:33:53	6:54	49	37:25	168	44:11	61.20	6:40:51	6:32	47	2:26:37	184	2:44:34
Allzunah	20.00	1:43:20	5:09	31	31:22	110	31:22	81.20	8:24:11	6:12	47	2:51:19	184	3:12:41
Masserberg (Ren	17.80	2:18:17	7:46	53	1:02:30	181	1:08:08	99.00	10:42:28	6:29	51	3:43:50	184	4:20:49
Neuhaus (Rennst	20.10	1:52:45	5:36	33	36:53	130	37:53	119.10	12:35:13	6:20	49	4:20:43	184	4:58:42
Wanderhütte an	13.70	1:22:05	5:59	32	22:06	129	30:42	132.80	13:57:18	6:18	48	4:42:49	184	5:26:59
Brennersgrün	16.00	1:29:34	5:35	27	23:43	101	30:32	148.80	15:26:52	6:13	46	5:05:57	184	5:56:04
Blankenstein	20.30	1:48:13	5:19	30	56:57	110	56:57	169.10	17:15:05	6:07	43	5:32:49	163	6:30:16