



# 24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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**BERGGRABENSTOLPERER**

□□□: 15:41:33

□□: 550

□□: 10.77 km/h

□□□□: 5:34 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 105 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 25(of 53)

Mixstaffel

□□□□□□□: 11:42:16

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:16:03	5:25	12	18:15	68	21:21	14.00	1:16:03	5:25	12	18:15	68	21:21
Grenzwiese/Kleir	19.60	1:58:48	6:03	43	40:46	152	42:02	33.60	3:14:51	5:47	26	53:38	184	1:03:23
Neue Ausspanne	14.00	1:22:31	5:53	29	32:51	122	32:51	47.60	4:37:22	5:49	26	1:19:36	184	1:34:38
Grenzdler (Ober	13.60	1:21:11	5:58	24	24:43	114	31:29	61.20	5:58:33	5:51	25	1:44:19	184	2:02:16
Allzunah	20.00	1:40:27	5:01	23	28:29	82	28:29	81.20	7:39:00	5:39	24	2:06:08	184	2:27:30
Masserberg (Ren	17.80	1:42:29	5:45	32	26:42	116	32:20	99.00	9:21:29	5:40	27	2:22:51	184	2:59:50
Neuhaus (Rennst	20.10	1:50:19	5:29	31	34:27	123	35:27	119.10	11:11:48	5:38	27	2:57:18	184	3:35:17
Wanderhütte an	13.70	1:11:57	5:15	12	11:58	61	20:34	132.80	12:23:45	5:36	22	3:09:16	184	3:53:26
Brennersgrün	16.00	1:28:36	5:32	26	22:45	97	29:34	148.80	13:52:21	5:35	26	3:31:26	184	4:21:33
Blankenstein	20.30	1:49:12	5:22	31	57:56	115	57:56	169.10	15:41:33	5:34	25	3:59:17	105	4:56:44