



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Leipziger Laufteam - Das Original

□□□: 16:13:40

□□: 555

□□: 10.42 km/h

□□□□: 5:45 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 133 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 33(of 53)

Mixstaffel

□□□□□□□: 11:42:16

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:27:52	6:16	31	30:04	135	33:10	14.00	1:27:52	6:16	31	30:04	185	33:10
Grenzwiese/Kleir	19.60	1:40:36	5:07	21	22:34	74	23:50	33.60	3:08:28	5:36	23	47:15	184	57:00
Neue Ausspanne	14.00	1:39:23	7:05	49	49:43	176	49:43	47.60	4:47:51	6:02	35	1:30:05	184	1:45:07
Grenzdler (Ober	13.60	1:21:01	5:57	23	24:33	110	31:19	61.20	6:08:52	6:01	33	1:54:38	184	2:12:35
Allzunah	20.00	1:38:29	4:55	16	26:31	71	26:31	81.20	7:47:21	5:45	29	2:14:29	183	2:35:51
Masserberg (Ren	17.80	1:56:02	6:31	46	40:15	162	45:53	99.00	9:43:23	5:53	34	2:44:45	183	3:21:44
Neuhaus (Rennst	20.10	1:24:00	4:10	5	8:08	12	9:08	119.10	11:07:23	5:36	26	2:52:53	183	3:30:52
Wanderhütte an	13.70	1:25:11	6:13	37	25:12	148	33:48	132.80	12:32:34	5:40	27	3:18:05	183	4:02:15
Brennersgrün	16.00	1:37:36	6:05	36	31:45	136	38:34	148.80	14:10:10	5:42	30	3:49:15	183	4:39:22
Blankenstein	20.30	2:03:30	6:05	45	1:12:14	160	1:12:14	169.10	16:13:40	5:45	33	4:31:24	133	5:28:51