



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Team Zielsicher - die Seitenstecher □□□: 18:14:59

□□: 556

□□: 169.10 km

Hörschel-Blankenstein

□□□□:

Mixstaffel

□□: 9.27 km/h

□□□□: 6:28 min/km

□□□□□: 180 (of 184)

□□□□□□: 10:44:49

□□□□□: 52(of 53)

□□□□□□□: 11:42:16

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:36:41	6:54	47	38:53	169	41:59	14.00	1:36:41	6:54	47	38:53	185	41:59
Grenzwiese/Kleir	19.60	2:02:37	6:15	47	44:35	160	45:51	33.60	3:39:18	6:31	49	1:18:05	184	1:27:50
Neue Ausspanne	14.00	1:50:18	7:52	53	1:00:38	182	1:00:38	47.60	5:29:36	6:55	51	2:11:50	184	2:26:52
Grenzdler (Ober	13.60	1:36:10	7:04	50	39:42	171	46:28	61.20	7:05:46	6:57	52	2:51:32	184	3:09:29
Allzunah	20.00	1:55:56	5:47	47	43:58	157	43:58	81.20	9:01:42	6:40	51	3:28:50	183	3:50:12
Masserberg (Ren	17.80	2:13:42	7:30	51	57:55	177	1:03:33	99.00	11:15:24	6:49	52	4:16:46	183	4:53:45
Neuhaus (Rennst	20.10	1:55:34	5:44	37	39:42	141	40:42	119.10	13:10:58	6:38	52	4:56:28	183	5:34:27
Wanderhütte an	13.70	1:28:14	6:26	43	28:15	159	36:51	132.80	14:39:12	6:37	52	5:24:43	183	6:08:53
Brennersgrün	16.00	1:39:21	6:12	38	33:30	146	40:19	148.80	16:18:33	6:34	52	5:57:38	183	6:47:45
Blankenstein	20.30	1:56:26	5:44	39	1:05:10	139	1:05:10	169.10	18:14:59	6:28	52	6:32:43	180	7:30:10