



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Oßwald SKIMIX

□□□: 11:42:16

□□: 560

□□: 14.44 km/h

□□□□: 4:09 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 6 (of 184)

□□□□□□: 10:44:49

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□□□□□: 1(of 53)

Mixstaffel

□□□□□□□: 11:42:16

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:04:37	4:36	7	6:49	18	9:55	14.00	1:04:37	4:36	7	6:49	185	9:55
Grenzwiese/Kleir	19.60	1:23:29	4:15	3	5:27	9	6:43	33.60	2:28:06	4:24	2	6:53	184	16:38
Neue Ausspanne	14.00	49:40	3:32	1	-	1	-	47.60	3:17:46	4:09	1	-	184	15:02
Grenzdler (Ober	13.60	56:28	4:09	1	-	6	6:46	61.20	4:14:14	4:09	1	-	184	17:57
Allzunah	20.00	1:18:38	3:55	2	6:40	7	6:40	81.20	5:32:52	4:05	1	-	184	21:22
Masserberg (Ren	17.80	1:25:46	4:49	8	9:59	30	15:37	99.00	6:58:38	4:13	1	-	184	36:59
Neuhaus (Rennst	20.10	1:15:52	3:46	1	-	2	1:00	119.10	8:14:30	4:09	1	-	184	37:59
Wanderhütte an	13.70	59:59	4:22	1	-	12	8:36	132.80	9:14:29	4:10	1	-	184	44:10
Brennersgrün	16.00	1:06:26	4:09	2	0:35	7	7:24	148.80	10:20:55	4:10	1	-	184	50:07
Blankenstein	20.30	1:21:21	4:00	6	30:05	12	30:05	169.10	11:42:16	4:09	1	-	6	57:27