



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Werratal Runners

□□□: 13:02:54

□□: 104

□□: 12.95 km/h

□□□□: 4:37 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 17 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 12(of 117)

Männerstaffel

□□□□□□□: 10:44:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:17:10	5:30	60	22:28	74	22:28	14.00	1:17:10	5:30	60	22:28	74	22:28
Grenzwiese/Kleir	19.60	1:30:43	4:37	14	13:57	23	13:57	33.60	2:47:53	4:59	26	36:25	35	36:25
Neue Ausspanne	14.00	1:01:23	4:23	12	10:07	13	11:43	47.60	3:49:16	4:48	17	46:32	22	46:32
Grenzdler (Ober	13.60	58:20	4:17	6	8:38	7	8:38	61.20	4:47:36	4:41	10	51:19	14	51:19
Allzunah	20.00	1:28:31	4:25	24	16:26	31	16:33	81.20	6:16:07	4:37	13	1:04:37	17	1:04:37
Masserberg (Ren	17.80	1:20:45	4:32	14	10:36	17	10:36	99.00	7:36:52	4:36	10	1:15:13	14	1:15:13
Neuhaus (Rennst	20.10	1:30:33	4:30	20	15:41	29	15:41	119.10	9:07:25	4:35	10	1:30:54	14	1:30:54
Wanderhütte an	13.70	1:07:36	4:56	29	16:13	38	16:13	132.80	10:15:01	4:37	12	1:44:42	16	1:44:42
Brennersgrün	16.00	1:16:54	4:48	27	17:52	37	17:52	148.80	11:31:55	4:38	12	2:01:07	16	2:01:07
Blankenstein	20.30	1:30:59	4:28	21	16:58	34	39:43	169.10	13:02:54	4:37	12	2:18:05	17	2:18:05