



# 24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Waldläufer

□□□: 15:18:35

□□: 106

□□: 11.04 km/h

□□□□: 5:25 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 85 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 63(of 117)

Männerstaffel

□□□□□□□: 10:44:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:20:00	5:42	69	25:18	86	25:18	14.00	1:20:00	5:42	69	25:18	86	25:18
Grenzwiese/Kleir	19.60	1:17:15	3:56	2	0:29	2	0:29	33.60	2:37:15	4:40	10	25:47	18	25:47
Neue Ausspanne	14.00	1:20:43	5:45	82	29:27	114	31:03	47.60	3:57:58	4:59	28	55:14	37	55:14
Grenzdler (Ober	13.60	1:21:01	5:57	82	31:19	110	31:19	61.20	5:18:59	5:12	33	1:22:42	43	1:22:42
Allzunah	20.00	1:57:22	5:52	101	45:17	161	45:24	81.20	7:16:21	5:22	53	2:04:51	67	2:04:51
Masserberg (Ren	17.80	1:40:20	5:38	74	30:11	108	30:11	99.00	8:56:41	5:25	56	2:35:02	75	2:35:02
Neuhaus (Rennst	20.10	1:42:49	5:06	58	27:57	78	27:57	119.10	10:39:30	5:22	55	3:02:59	70	3:02:59
Wanderhütte an	13.70	1:29:36	6:32	110	38:13	167	38:13	132.80	12:09:06	5:29	67	3:38:47	87	3:38:47
Brennersgrün	16.00	1:16:35	4:47	26	17:33	35	17:33	148.80	13:25:41	5:24	57	3:54:53	73	3:54:53
Blankenstein	20.30	1:52:54	5:33	87	38:53	129	1:01:38	169.10	15:18:35	5:25	63	4:33:46	85	4:33:46