



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

□□□□

SWETy vom SWE Laufteam

□□□: 13:29:25

□□: 107

□□: 12.53 km/h

□□□□: 4:47 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 22 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 16(of 117)

Männerstaffel

□□□□□□□: 10:44:49

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:09:37	4:58	21	14:55	29	14:55	14.00	1:09:37	4:58	21	14:55	29	14:55
Grenzwiese/Kleir	19.60	1:39:07	5:03	47	22:21	64	22:21	33.60	2:48:44	5:01	29	37:16	38	37:16
Neue Ausspanne	14.00	1:09:01	4:55	32	17:45	39	19:21	47.60	3:57:45	4:59	27	55:01	36	55:01
Grenzdler (Ober	13.60	1:10:05	5:09	32	20:23	40	20:23	61.20	5:07:50	5:01	21	1:11:33	27	1:11:33
Allzunah	20.00	1:23:21	4:10	14	11:16	17	11:23	81.20	6:31:11	4:49	17	1:19:41	22	1:19:41
Masserberg (Ren	17.80	1:24:32	4:44	20	14:23	27	14:23	99.00	7:55:43	4:48	17	1:34:04	23	1:34:04
Neuhaus (Rennst	20.10	1:30:57	4:31	22	16:05	31	16:05	119.10	9:26:40	4:45	17	1:50:09	23	1:50:09
Wanderhütte an	13.70	1:11:59	5:15	46	20:36	62	20:36	132.80	10:38:39	4:48	17	2:08:20	23	2:08:20
Brennersgrün	16.00	1:17:49	4:51	31	18:47	42	18:47	148.80	11:56:28	4:48	18	2:25:40	24	2:25:40
Blankenstein	20.30	1:32:57	4:34	26	18:56	43	41:41	169.10	13:29:25	4:47	16	2:44:36	22	2:44:36