



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Laufsport Triptis

□□□: 14:24:03

□□: 113

□□: 11.74 km/h

□□□□: 5:06 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 41 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 32(of 117)

Männerstaffel

□□□□□□□: 10:44:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:14:49	5:20	48	20:07	57	20:07	14.00	1:14:49	5:20	48	20:07	57	20:07
Grenzwiese/Kleir	19.60	1:40:59	5:09	55	24:13	77	24:13	33.60	2:55:48	5:13	45	44:20	55	44:20
Neue Ausspanne	14.00	1:13:11	5:13	48	21:55	60	23:31	47.60	4:08:59	5:13	40	1:06:15	52	1:06:15
Grenzdler (Ober	13.60	1:14:21	5:28	53	24:39	67	24:39	61.20	5:23:20	5:16	39	1:27:03	51	1:27:03
Allzunah	20.00	1:41:53	5:05	66	29:48	98	29:55	81.20	7:05:13	5:14	41	1:53:43	53	1:53:43
Masserberg (Ren	17.80	1:24:37	4:45	21	14:28	28	14:28	99.00	8:29:50	5:08	38	2:08:11	48	2:08:11
Neuhaus (Rennst	20.10	1:33:53	4:40	31	19:01	45	19:01	119.10	10:03:43	5:04	31	2:27:12	39	2:27:12
Wanderhütte an	13.70	1:14:46	5:27	55	23:23	76	23:23	132.80	11:18:29	5:06	31	2:48:10	40	2:48:10
Brennersgrün	16.00	1:35:54	5:59	87	36:52	129	36:52	148.80	12:54:23	5:12	34	3:23:35	46	3:23:35
Blankenstein	20.30	1:29:40	4:25	17	15:39	29	38:24	169.10	14:24:03	5:06	32	3:39:14	41	3:39:14