



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Sömmerdaer Gipfelstürmer

□□□: 13:48:31

□□: 118

□□: 12.25 km/h

□□□□: 4:53 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 27 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 21(of 117)

Männerstaffel

□□□□□□□: 10:44:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:09:13	4:56	20	14:31	28	14:31	14.00	1:09:13	4:56	20	14:31	28	14:31
Grenzwiese/Kleir	19.60	1:34:06	4:48	25	17:20	37	17:20	33.60	2:43:19	4:51	18	31:51	26	31:51
Neue Ausspanne	14.00	1:05:44	4:41	21	14:28	26	16:04	47.60	3:49:03	4:48	16	46:19	21	46:19
Grenzadler (Ober	13.60	1:06:52	4:54	20	17:10	25	17:10	61.20	4:55:55	4:50	16	59:38	21	59:38
Allzunah	20.00	1:39:41	4:59	54	27:36	76	27:43	81.20	6:35:36	4:52	19	1:24:06	25	1:24:06
Masserberg (Ren	17.80	1:33:22	5:14	51	23:13	73	23:13	99.00	8:08:58	4:56	23	1:47:19	30	1:47:19
Neuhaus (Rennst	20.10	1:46:23	5:17	74	31:31	98	31:31	119.10	9:55:21	4:59	29	2:18:50	36	2:18:50
Wanderhütte an	13.70	1:04:44	4:43	16	13:21	21	13:21	132.80	11:00:05	4:58	26	2:29:46	32	2:29:46
Brennersgrün	16.00	1:16:18	4:46	23	17:16	32	17:16	148.80	12:16:23	4:56	24	2:45:35	30	2:45:35
Blankenstein	20.30	1:32:08	4:32	25	18:07	41	40:52	169.10	13:48:31	4:53	21	3:03:42	27	3:03:42