



# 24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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X-Runners I

□□□: 10:44:49

□□: 119

□□: 15.73 km/h  
□□□□: 3:48 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 1 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 1(of 117)

Männerstaffel

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| □□□              | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□□□ | □□<br>□□□ | □□□    | □□□      | □□□  | □□<br>- | □□<br>- | □□<br>□□□ | □□<br>□□□ |
|------------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|------|---------|---------|-----------|-----------|
| Hohe Sonne       | 14.00    | 54:42    | 3:54         | 1       | -       | 1         | -         | 14.00  | 54:42    | 3:54 | 1       | -       | 1         | -         |
| Grenzwiese/Kleir | 19.60    | 1:16:46  | 3:54         | 1       | -       | 1         | -         | 33.60  | 2:11:28  | 3:54 | 1       | -       | 1         | -         |
| Neue Ausspanne   | 14.00    | 51:16    | 3:39         | 1       | -       | 2         | 1:36      | 47.60  | 3:02:44  | 3:50 | 1       | -       | 1         | -         |
| Grenzdler (Ober  | 13.60    | 53:33    | 3:56         | 2       | 3:51    | 2         | 3:51      | 61.20  | 3:56:17  | 3:51 | 1       | -       | 1         | -         |
| Allzunah         | 20.00    | 1:15:13  | 3:45         | 4       | 3:08    | 5         | 3:15      | 81.20  | 5:11:30  | 3:50 | 1       | -       | 1         | -         |
| Masserberg (Ren  | 17.80    | 1:10:09  | 3:56         | 1       | -       | 1         | -         | 99.00  | 6:21:39  | 3:51 | 1       | -       | 1         | -         |
| Neuhaus (Rennst  | 20.10    | 1:14:52  | 3:43         | 1       | -       | 1         | -         | 119.10 | 7:36:31  | 3:49 | 1       | -       | 1         | -         |
| Wanderhütte an   | 13.70    | 53:48    | 3:55         | 5       | 2:25    | 5         | 2:25      | 132.80 | 8:30:19  | 3:50 | 1       | -       | 1         | -         |
| Brennersgrün     | 16.00    | 1:00:29  | 3:46         | 2       | 1:27    | 2         | 1:27      | 148.80 | 9:30:48  | 3:50 | 1       | -       | 1         | -         |
| Blankenstein     | 20.30    | 1:14:01  | 3:38         | 1       | -       | 3         | 22:45     | 169.10 | 10:44:49 | 3:48 | 1       | -       | 1         | -         |