



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Die flinken Gerataler

□□□: 16:10:11

□□: 126

□□: 10.46 km/h

□□□□: 5:44 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 130 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 94(of 117)

Männerstaffel

□□□□□□□: 10:44:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:16:35	5:28	59	21:53	72	21:53	14.00	1:16:35	5:28	59	21:53	72	21:53
Grenzwiese/Kleir	19.60	2:01:13	6:11	102	44:27	154	44:27	33.60	3:17:48	5:53	95	1:06:20	128	1:06:20
Neue Ausspanne	14.00	1:12:11	5:09	43	20:55	53	22:31	47.60	4:29:59	5:40	78	1:27:15	100	1:27:15
Grenzdler (Ober	13.60	1:26:21	6:20	100	36:39	145	36:39	61.20	5:56:20	5:49	90	2:00:03	117	2:00:03
Allzunah	20.00	1:48:36	5:25	86	36:31	127	36:38	81.20	7:44:56	5:43	90	2:33:26	121	2:33:26
Masserberg (Ren	17.80	2:05:03	7:01	112	54:54	173	54:54	99.00	9:49:59	5:57	101	3:28:20	142	3:28:20
Neuhaus (Rennst	20.10	1:48:11	5:22	80	33:19	108	33:19	119.10	11:38:10	5:51	99	4:01:39	138	4:01:39
Wanderhütte an	13.70	1:22:21	6:00	89	30:58	133	30:58	132.80	13:00:31	5:52	99	4:30:12	140	4:30:12
Brennersgrün	16.00	1:16:13	4:45	22	17:11	31	17:11	148.80	14:16:44	5:45	95	4:45:56	131	4:45:56
Blankenstein	20.30	1:53:27	5:35	89	39:26	130	1:02:11	169.10	16:10:11	5:44	94	5:25:22	130	5:25:22